

mobility economic resilience & substance use disorder workshop series

Supporting Recovery and Economic Resilience | December 1, 2020 | 1:00 – 3:00 p.m. ET

1:00 – 1:10 p.m. *Welcome and Introductions*

- Hilda Legg, State Director, USDA Rural Development
- Carrie Kissel, Associate Director, National Association of Development Organizations

1:10 – 1:25 p.m. *Setting the Stage: Ingredients for Successful Recovery*

- Alex Elswick, Extension Specialist for Substance Use Prevention and Recovery, University of Kentucky

1:25 – 1:40 p.m. *Federal Bonding Program and Kentucky Resources for Employers and Job Seekers*

- Bill Sandell, Workforce Development Consultant, Office of Employer & Apprenticeship Services, Kentucky Education & Workforce Development Cabinet

1:40 – 2:25 p.m. *Supporting Recovery with Services Panel Discussion*

- *Facilitator:* Jennifer Erwin, Director of Residential and Outpatient Services, Hope in the Mountains
- Rodney Kuhl, Business Coach, Kentucky Small Business Development Center
- Gene Detherage, Jr., Outreach and Engagement Specialist, Fletcher Group
- Cody Gibson, Managing Partner, Above the Line Consulting

2:25 – 2:50 p.m. *Breakout Groups*

Small group discussions will cover such topics as: How do you address substance use disorder in the workforce? What coordination currently exists between services, and where could coordination be expanded? How does mobility tie into SUD recovery needs?

2:50 – 3:00 p.m. *Report Out and Wrap Up*

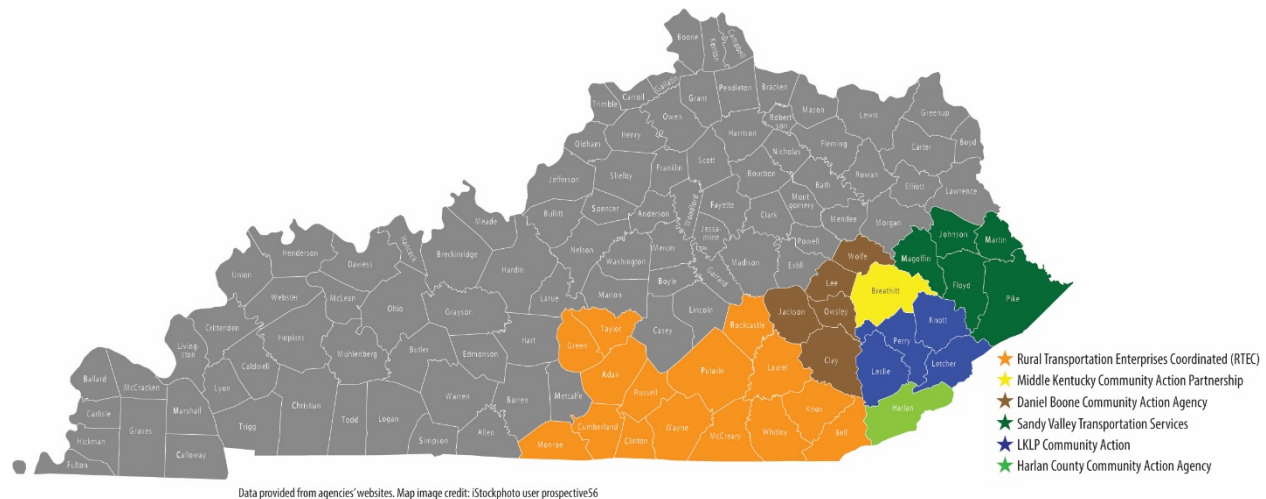
Learn more at <http://ruraltransportation.org/ky-workshops>.

Connecting Substance Abuse Recovery and Transportation: National, State, and Regional Resources

Addiction Treatment Openings in Kentucky

Use the website <https://findhelpnowky.org/ky> or call the Kentucky Opioid Addiction Resource Hotline at 800-854-6813 for 24/7 access to information about treatment options and facilities.

Transit Agencies Serving Southeastern Kentucky



[Rural Transit Enterprises Coordinated, Inc. \(RTEC\)](#) (service area in orange)

[Harlan County Community Action Agency](#) (service area in light green)

[Daniel Boone Community Action Agency](#) (service area in brown)

[Middle Kentucky Community Action Partnership](#) (service area in yellow)

LKLP Community Action, [public transportation](#) and [human services transportation](#) (service area in blue)

[Sandy Valley Transportation Services](#) (service area in dark green)

Mobility, Economic Resilience & Substance Abuse Disorder Workshop Series

Prepared for Cumberland Valley Area Development District, Big Sandy Area Development District, and Kentucky River Area Development District by the National Association of Development Organizations Research Foundation, National Rural Transit Assistance Program, and the Western Transportation Institute with support from the U.S. Department of Agriculture

Office of National Drug Control Policy and U.S. Department of Agriculture Resources

Opioid Misuse in Rural America

A go-to U.S. Department of Agriculture (USDA) [webpage](#) for data and tools on opioid addiction and treatment. Useful links:

- [Rural Community Toolbox](#)
- [Community Assessment Tool](#)
- [Rural Resource Guide](#)

Also located on the webpage is a link to the *Rural Community Action Guide: Building Stronger, Healthy, Drug-Free Rural Communities*. This [guide](#) provides an overview of actions that rural leaders can take to address drug use and the consequences of substance addiction in rural places. Developed with input from a series of roundtables on opioid misuse hosted by USDA and key partners, the report presents strategies to strengthen local responses and the adoption of flexible, creative solutions for prevention, treatment, and recovery.

U.S. Department of Transportation Resources

Federal Transit Administration (FTA) has several initiatives that support transportation to treatment and recovery. The [Coordinating Council on Access and Mobility](#) is a partnership to coordinate efforts among federal agencies that provide transportation funding for health access, education, and employment. An eligible use for FTA's [Section 5310](#) Enhanced Mobility of Seniors and Individuals program is service to drug treatment centers. The Section 5310 program [fact sheet](#) states, "A person whose addiction to drugs poses a substantial limitation on one or more major life activities is a person with a disability and is eligible to receive transportation through the Section 5310 program, including to a drug treatment center."

National Highway Traffic Safety Administration (NHTSA) provides public and industry awareness campaigns and research on [impaired driving](#) and [prescriptions and over-the-counter medications](#).

Office of Drug & Alcohol Policy and Compliance is the principal advisor on [rules and resources](#) related to the drug and alcohol testing of safety-sensitive transportation employees in aviation, trucking, railroads, mass transit, pipelines, and other transportation industries.

Rural Opportunities to Use Transportation for Economic Success (ROUTES) is a cross-modal initiative to address disparities in rural transportation infrastructure in order to improve safety and economic competitiveness. A key product is the [ROUTES Applicant Toolkit](#) to support applicants for U.S. DOT discretionary grant programs.

U.S. Department of Health and Human Services

Substance Abuse and Mental Health Services Administration (SAMHSA) provides [Rural Opioid Technical Assistance](#) (ROTA), an [Opioid Response Network](#), and other training and technical assistance [programs](#).

Health Resources and Services Administration (HRSA) supports information and assistance related to substance use disorders and primary health care, behavioral health, maternal and child health, and related issues such as HIV. Links to information clearinghouses and more are available on [HRSA's website](#).

Rural Health Information Hub (a clearinghouse supported by HRSA) provides topical information and resources on [substance abuse](#) and the [rural opioid crisis](#).

The **Centers for Disease Control and Prevention** (CDC) [Hi-5 Initiative](#) identifies interventions related to the Social Determinants of Health, changing the community context to improve public health outcomes, including related to mental health and other health conditions.

Additional Research and Information

Montana State University's Western Transportation Institute (WTI) provides information and resources relevant for rural communities, including on mobility, planning and economics, safety, and more. WTI researched and developed the *Rural Mobility Examples* provided as a workshop handout.

National Association of Development Organizations Research Foundation (NADO RF) conducts training and research on a variety of topics. NADO RF maintains two online clearinghouses, www.RuralTransportation.org and www.CEDSCentral.com (focused on economic development planning).

National Rural Transit Assistance Program (National RTAP) provides capacity building and technical assistance for the rural transit industry. Resources include information on [Drug and Alcohol Programs](#); [Substance Abuse Awareness Training, Testing, and Compliance](#); [Transportation Coordination: A Guide to Making it Work for You](#); [Livable Communities: Tips for Designing Transit Services and Infrastructure that Promote Livability](#); as well as [transit planning](#), [designing operations](#), and more.

The **National Aging and Disability Transportation Center** (NADTC) developed a trends report on [Opioids and Transportation](#), with profiles of programs from seven states.

The **National Association of Counties** (NACo) and **Appalachian Regional Commission** (ARC) published the report [Opioids in Appalachia: The Role of Counties in Reversing a Regional Epidemic](#) (PDF) in 2019.

The **National Safety Council** (NSC) has developed an [Opioids at Work Employer Toolkit](#) with sample policies, fact sheets, presentations, videos, and more.

In the News

Transit Service for Recovery and Job Access: The [Vermont Agency of Transportation](#) (VTrans) received funding through the Federal Transit Administration Access and Mobility Partnership Grants to provide on-demand rides for individuals with substance use disorders to access treatment and to employment opportunities in two regions. Transit agencies in two regions were selected to pilot this service: one located in a very rural region in northeastern Vermont and another in the state's second largest urban area (Rutland, VT, population over 15,000). VTrans and the Vermont Agency of Human Services share the required non-federal match using state funds. With on-demand service, riders are able to access transportation without the 24-hour required reservation for existing demand-response service. The Recovery and Job Access Rides are provided only for trips that are not eligible for other types of services (non-emergency medical transportation through Medicaid or FTA Mobility for Seniors and People with Disabilities). The most rural area of the state has seen a large demand for this type of service, while other forms of transportation such as existing demand-response and non-motorized trips satisfy some of the transportation demand in Rutland. The program began in fall 2019 and will shortly enter its second year, when a few additional regions of the state may be added to the program.

Medical Mobile Units: Front Range Clinic, based in Fort Collins, Colorado, has launched a [Medical Mobile Unit](#). Operated in conjunction with the Colorado Office of Behavioral Health, mobile units provide [addiction treatment](#) to rural communities. The RV units travel to designated communities to provide these services. The clinics are staffed with a nurse, addiction counselor, and peer coach, while a satellite connection allows a doctor to write prescriptions via telehealth visits. Similar mobile units are also operating in rural Pennsylvania (operated by [Positive Recovery Solutions](#)) and New York ([BestSelf Behavioral Health](#), funded with federal grant from SAMHSA). Providing naltrexone (Vivitrol) injections monthly is a key service provided by the professionals in these mobile units.

Telemedicine for Addiction Treatment: An October 2020 [overview](#) of delivering clinical services using telecommunications technology, including recent articles on the effects of the coronavirus pandemic and challenges in rural areas.

Local Library Used for Telehealth: In [Pittsboro, Texas](#), the local library has taken on new functions to become a leader in community health. The library has successfully applied for broadband funding to improve connectivity by adding wireless broadband equipment to area water towers and lending portable Wi-Fi routers to families. The library's director routinely offers her office as a private space for patrons to hold telehealth visits including for SUD, and the library is constructing a soundproof room and equipment to accommodate telehealth appointments. In addition, the library has added cargo bicycle lending and a community garden to further support residents' health.

FEDERAL BONDING

FACTS

What is the Federal Bonding Program?

The U.S. Department of Labor established the Federal Bonding Program in 1966 to provide fidelity bonds to employers to insure their business if they hire at-risk, hard-to-place job seekers who cannot get private coverage. Many private bonding companies will not bond job applicants with criminal histories or questionable past behaviors, so they are not hired.

The Federal Bonding Program provides a fidelity bond that is a limited-liability insurance policy at no cost to the job applicant or employer. The federal fidelity bond from CHUBB Insurance insures employers against theft, forgery, larceny or embezzlement by the bonded employee for the first six months of employment. The bond does not cover liability due to poor workmanship, job injuries or work accidents. It does not provide bail, contract or performance bonds, or license bonds for self-employment.

Who is Eligible?

New hires in one of the following categories are eligible:

- Ex-offenders
- Individuals in recovery from substance use disorders
- Individuals who have a disability
- Public assistance recipients
- Individuals with poor credit records
- Economically disadvantaged youth and adults who lack work histories
- Individuals dishonorably discharged from the military
- Economically disadvantaged persons who lack a stable work history
- Anyone already employed who needs bonding to prevent termination or secure a transfer or promotion

Bonds can be issued as soon as the applicant has a job and started working. Workers must be paid wages with federal taxes automatically deducted from pay; self-employed persons cannot be covered. Part-time and temporary workers are eligible.

More than 95 percent of bonds are issued for \$5,000 coverage for a six-month period. Exceptions are possible based on the situation. When the initial bond coverage expires, employers can purchase continued bond coverage from CHUBB Insurance if the worker has demonstrated job honesty.

How to Apply

Contact your local Kentucky Career Center or KCC Federal Bonding Coordinator at:

Michelle DeJohn

500 Mero Street 443 CE

Frankfort, KY 40601

Direct (502) 782-3252

Michelle.DeJohn@ky.gov

You may also visit the Federal Bonding Program website at www.bonds4jobs.com for more information.

Did you know that...?

- Federal bonding has helped over 40,000 individuals become employed.
- Over 99 percent of those bonded have proven to be honest employees, resulting in only a 1 percent default rate?
- Employment is the #1 reason for successful re-entry of ex-offenders into society. Employed ex-offenders are twice more likely to stay OUT of prison than those who do not have jobs.

EXAMPLES OF ACTIVE TRANSPORTATION



ALLEN COUNTY BIKE SHARE

Allen County, KS

Allen County, KS adopted a bike library model to provide access to bicycles in their community. The Allen County Bike Share is a free program that allows people to borrow bikes- they just need to provide a picture ID and sign a waiver. The bike library model uses single-speed cruiser bikes that users can “check out” at six locations across our neighboring communities. The bikes for this program are sourced and maintain by a local bike shop, and the program itself was started using grant funding from Blue Cross Blue Shield of Kansas.

For more information:

- <http://bikeallencounty.org/bike-share/#:~:text=Allen%20County%20Bike%20Share%20is,years%20of%20age%20or%20older>

- <https://smartgrowthamerica.org/webinar-recap-small-places-smart-mobility/>



BICYCLE LIBRARY

Millinocket, ME

The Millinocket Memorial Library offers a Katahdin Gear Library program which allows library patrons to “check out” gear ranging from bikes, canoes, paddle boards, skis, and snowshoes. The gear library also offers bike repairs to library patrons by “pay what you can” donation. The gear library was founded in 2018 by the library with support from Outdoor Sport Institute, Maine Community Foundation, Appalachian Trail Conservancy, Bicycle Coalition of Maine, and private donors with the goal of supporting healthy living.

For more information:

- <http://millinocketmemoriallibrary.org/gear/>



KOLONI BIKE SHARE

Pocahontas, IA

Launched a small bike share in 2018. Koloni charges communities a monthly fee for the hardware and bicycles with smart locks that can be parked anywhere. Pocahontas staff and volunteers are responsible for managing their fleet of bikes including finding and rebalancing bikes across the town. A local volunteer group handles the maintenance. The Town of Pocahontas see an average of 75 riders per month. Revenue for the bike share system primarily comes from advertisements rather than rider fares.

For more information:

- <https://learn.sharedusemobilitycenter.org/casestudy/pocahontas-iowa-sees-opportunity-for-small-town-bikeshare/>



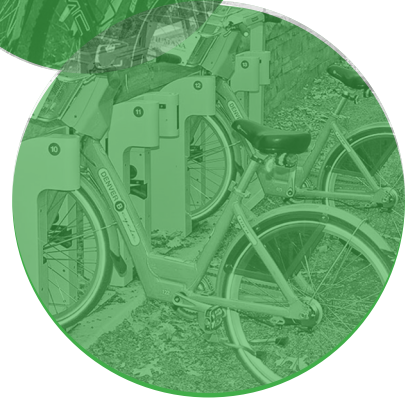
ESPERANZA BICYCLE SAFETY EDUCATION CENTER – EARN A BIKE PROGRAM

Albuquerque, NM

The Esperanza Community Bicycle Education Center offers an adult-oriented education program, participants can earn a refurbished bike and a helmet. To earn the bike, the participant must attend a City Cycling Class and our Roadside Maintenance Class. There is a suggested donation of \$10 per class.

For more information:

• <https://www.cabq.gov/parksandrecreation/recreation/bike/esperanza-bicycle-safety-education-center>



UNIVERSITY OF LOUISVILLE – EARN A BIKE PROGRAM

Louisville, KY

University of Louisville offered an Earn a Bike program through their Sustainability Council – students, faculty, and staff who were will to forgo their right to a parking permit for two years could receive a \$400 voucher to several local bike shops. This program received distributed a total of 1,908 vouchers between 2012 and 2016. Due to budget cuts, the program ended in 2017 but the University is hoping to revive and relaunch at some point in the future.

For more information:

• <https://louisville.edu/sustainability/operations/transportation/earn-a-bike-program>



BLINK RIDES

Bozeman, MT

Blink Rides, an e-scooter share company, was launched in 2019 by a local woman in Bozeman. The program had more than 7,000 rides within the first month. The program offers 100 e-scooters, available to rent via smartphone application at designated “parking zones” at key commercial districts and in downtown Bozeman. It costs \$1.50 for the first minute and 30 cents per minute after. The scooter must be parked in a designated “parking zone” to end the ride. The program plans to expand to the local college campus and to other towns in Montana.

For more information:

• <https://www.blink-rides.com/>



GRANVILLE GREEN- WAYS



Granville County, NC

In 2006 the Granville County Board of Commissioners and the County Municipalities adopted the Granville County Greenway Master Plan. As a part of this plan, 23 corridor routes for greenways were identified. These corridors were chosen to emphasize local resources. This plan was funded by a grant from Eat Smart, Move More North Carolina which was a statewide movement to encourage health eating and physical activity. Partnerships were created between the County, Municipalities, and local schools to create a system of trails that ties together destinations within the County.

For more information:

- <https://www.granvillecounty.org/residents/recreation/greenways-trails/>
- <https://www.youtube.com/watch?v=PteO5HiY1Qc>



OLYMPIC DISCOVERY TRAIL



Olympic Peninsula, WA

The Olympic Discovery Trail is a 130 mile non-motorized trail that connects four trail towns from Port Townsend to the Pacific Ocean. The vision for the Olympic Discovery Trail is to “connect communities across the North Olympic Peninsula, while serving as a catalyst for recreation, community health, transportation, and economic development”. The Peninsula Trails Coalition manages an extensive volunteer group that promotes construction and maintenance of the trail.

For more information:

- <https://olympicdiscoverytrail.org/about-us/>



TECHNOLOGY-BASED EXAMPLES

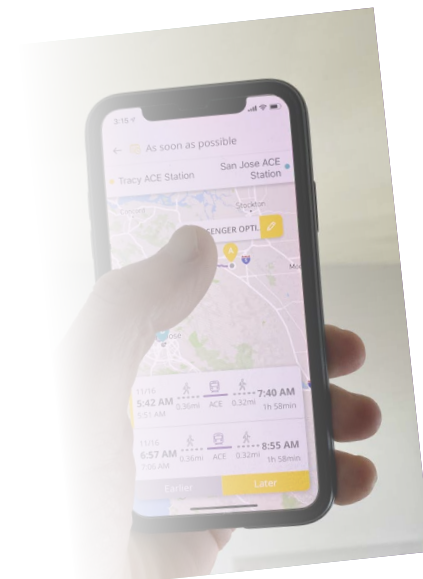
Vamos MaaS App

San Joaquin and Stanislaus Counties, CA

Vamos Mobility is a mobility as a service (MaaS) smartphone application serving residents in San Joaquin and Stanislaus Counties in California. This app works to pull together information from multiple transportation agencies within both counties to help make rural residents aware of their transportation options. App users are provided information on transportation options ranging from fixed route transit to rideshare to dial-a-ride service to help plan trips within and between counties. In the future Vamos plans to offer the ability to make trip reservations, buy tickets, and access other transportation services.

For more information:

• <https://vamosmobileapp.com/>



Go! Vermont Trip Planner

Vermont (statewide)

The Go! Vermont Trip Planner is a tool that allows users to view statewide transportation from flexible transportation services like dial-a-ride or deviated fixed route service to fixed route to vanpools and carpools. The Go! Vermont Trip Planner allows users to enter their origin and destination and provides transportation options, providing critical information particularly to rural residents across the state.

For more information:

• <https://www.connectingcommuters.org/>



HealthTran - Mobility Management

Missouri (statewide)

HealthTran was established by the Missouri Rural Health Association to help improve health of rural Missourians by reducing missed medical appointments due to transportation barriers. HealthTran accomplishes this goal through coordinating and scheduling transportation for users to access medical appointments. HealthTran works with local champions and community organizations to increase transportation options, using existing providers and will work to create new transportation options through their volunteer driver program. HealthTran's volunteer driver program provides drivers \$0.80 per mile mileage reimbursement.

For more information:

• <https://healthtranrides.org/>

• https://www.youtube.com/watch?v=3_OfECpl9Fc

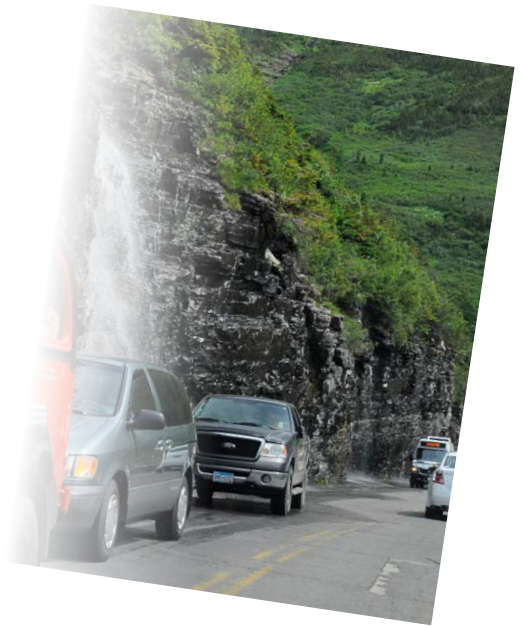


Glacier National Park - Ride-Match Program



Glacier National Park, MT

Glacier National Park developed a ride-matching database with the goal of reducing single-occupancy work trips and congestion on Going to the Sun Road. The website allows park employees to enter one-time or reoccurring trips and other employees can search for a match. This databased has also been used as an informal carrier service for employees needing an item dropped off or picked up.



Lawrence OnBoard - Rideshare Program (CarmaHop)



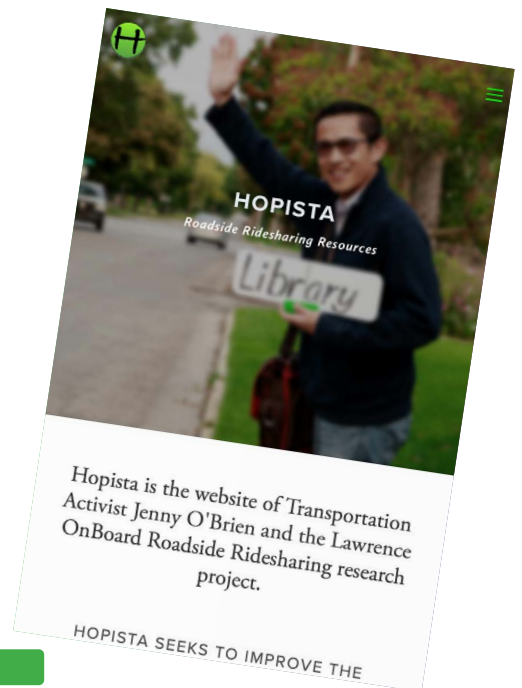
Lawrence, KS

Lawrence OnBoard, experimented with the idea of hitchhiking as the foundation for rural ridesharing. The program was create to provide a convenient transportation option for residents that often had no public transportation options or only had access to public transportation that was undesirable due to long headways. Participants registered for the program, were provided training, and window clings to indicate that they were a driver. Pickups can occur anywhere, provided the location is safe for pick-ups, and riders can text the Lawrence OnBoard office as a safety check. Between September 11, 2012 and October 28, 2013, 121 rides were taken by 18 riders.

Lawrence OnBoard was later piloted with venture capital as CarmaHop and was ultimately discontinued when a sustainable business model could not be achieved.

For more information:

• <http://www.hopista.org/>



VEHICLE TRANSPORTATION EXAMPLES

MISSOULA RAVALLI TRANSPORTATION MANAGEMENT ASSOCIATION



Lake, Missoula, Ravalli, and Mineral Counties, MT

The Missoula Ravalli Transportation Management Association (MRTMA) provides the iRide vanpool program. This program allows a group of 6 to 13 people with similar travel destinations to travel together in a shared vehicle. MRTMA provides the vehicles and pays for insurance and maintenance. iRide vanpool participants share the cost of fuel. Participants must be registered with the iRide vanpool program and have an original within Lake, Missoula, Ravalli, or Mineral County as well as must be able to maintain and report ridership data to MRTMA.

For more information:

- <https://www.mrtma.org/>

MIO ELECTRIC CARSHARE PROGRAM



Tulare and Kern County, CA

Miocar is an 100% electric vehicle carshare providing vehicle access to rural San Joaquin Valley residents. Vehicles are located in seven affordable housing complexes within Tulare and Kern Counties. The vehicles can be rented on an hourly or daily basis via a smartphone app or online.

For more information:

- <https://miocar.org/>
- <https://www.selfhelpenterprises.org/blog/new-100-electric-carsharing-service-provides-practical-affordable-transportation-options-for-sjv-residents/>

NEEDLES CARSHARE PROGRAM



Needles, CA

The Victor Valley Transit Authority's Needles Car Share program offers hourly car rentals starting at \$5 per hour through a partnership with Enterprise Rent-A-Car. Car rentals include a pre-paid fuel card and insurance. Members can reserve a vehicle online or over the phone and pick up the car at the local credit union. This program offers two vehicles (a sedan and minivan) providing access to nearby urban areas for essential trips (medical appointments, grocery stores, etc.).

For more information:

- <https://vvta.org/flex/needles-car-share/>

KID ONE TRANSPORT

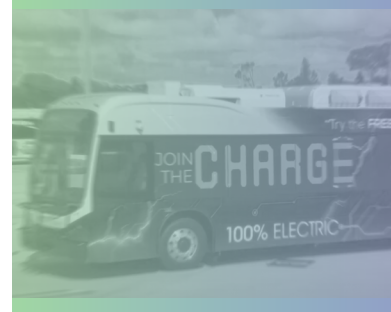


43 counties across Alabama

Kid One Transport provides transportation to children and expectant mothers to access health care services. Kid One Transport operates a fleet of 21 vehicles service 43 counties across the state of Alabama. In 2018, Kid One Transport provided over 22,500 rides to medical appointments throughout Alabama.

For more information:

- <https://www.kidone.org/>



LINK ON DEMAND

Lone Tree, CO

Link On Demand is an on demand free shuttle service within Lone Tree, CO. Users can book a trip by downloading a smartphone application and requesting a ride. A pickup time is then provided on the application. Link On Demand works to pair a ride with others going the same direction, creating a route that is changing based off of who needs a ride.

For more information:

• <https://cityoflonetree.com/link-on-demand/>

PELIVAN TRANSIT

North East Oklahoma

Pelivan Transit offers a curb-to-curb rural transportation program and tribal transit program within 7 counties and 10 tribal area jurisdictions in NE Oklahoma. Pelivan is owned and operated by Grand Gateway Economic Development Association. The system operates a fleet of 68 vehicles. Services includes employment routes connecting area cities, a trolley loop, education routes, and medical routes. Pelivan provided over 172,000 riders in 2017-2018 and has future plans to go green through alternative fuels.

For more information:

• <https://pelivantransit.multiscreensite.com/>

CAPMETRO – PICKUP APP

Austin, TX Suburbs

The Pickup Smartphone Application offered by CapMetro in rural suburbs near Austin, TX has brought ride hailing to public transportation. Using Pickup, users can arrange an on-demand transit service to anywhere within the service zone. Trips cost just \$1.25, or the same as using the regular MetroBus or MetroRapid services. Once a trip is requested, Capital Metro strives to pick up the user within 15 minutes. The Pickup app aims to address three issues across the region: 1) first and last mile connections; 2) eliminating transit deserts; and 3) replacing fixed route services that weren't performing.

For more information:

• <https://www.capmetro.org/pickup/>

SMILES (SENIOR MILES)

Blount County, TN

SMiles is a volunteer door-through-door transportation program for seniors in Blount County, TN. SMiles is a membership program that costs \$25 per year. Roundtrips cost \$6 per trip. SMiles uses trained volunteer drivers who use their own personal vehicles to transport seniors. Volunteer drivers can be reimbursed for fuel if desired.

For more information:

• <https://www.blountcaa.org/programs/>



STOP HOPPER

Dallastown, PA; Red Lion, PA; York, PA

Stop Hopper is an on-demand shuttle system providing microtransit to Dallastown, Red Lion, and York. Stop Hopper is a part of Rabbit Transit. Riders use a smart-phone application to request a ride to and from anywhere they want to travel within the Stop Hopper service zone. The app will provide a estimated pick-up time upon request of a ride. Stop Hopper also provides options to connect to the fixed route service. Stop Hopper costs \$2 per one-way trip and is free for seniors.

For more information:

• <https://www.rabbittransit.org/schedules/microtransit-stophopper/>

SAN JOAQUIN RTD

San Joaquin County, CA

The San Joaquin Regional Transit District (RTD) offers the My Ride Volunteer Driver Program. This program is a self-directed mileage reimbursement service that enables ADA-certified passengers to provide compensation for friends, family, or neighbors that provides them with transportation to medical facilities within the county. Participants must be certified and enrolled in the program to be eligible.

For more information:

• <https://sanjoaquinrtd.com/access-sj/myride/>

RURAL COMMUNITY TRANSPORTATION, INC.

Vermont (statewide)

Rural Community Transportation, Inc. provides fixed route transportation in Vermont. The service provides numerous free shuttle routes to the general public to provide access to shopping, commuter routes, as well as connector services to other public transportation systems.

For more information:

• <http://www.riderct.org/route-info/>

TRAVEL WASHINGTON INTERCITY BUS NETWORK

Washington (statewide)

Washington State Department of Transportation (WSDOT) Travel Washington Program contracts with private bus operators to provide intercity bus service connecting rural communities to major transportation hubs and urban areas. Travel Washington has four bus routes offers service across the entire state.

For more information:

• <https://wsdot.wa.gov/transit/intercity>

RURAL RIDES -ARROWHEAD TRANSIT

Aitkin, Carlton, Itasca, and St. Louis Counties, MN

Rural Rides is a work-related transportation program that provides rides to work, training or other job-related situations in Aitkin, Carlton, Itasca, and St. Louis Counties, MN. Rural Rides can offer assistance with bus tickets, budgeting for transportation, temporary cab vouchers, and identifying community resources.

For more information:

• <http://arrowheadtransit.com>

• <http://www.coordinatemntransit.org/about/howto/examples/arrowheadruralrides/documents/RuralRides.pdf>



DOOR 2 DOOR SHARED RIDE TAXI SERVICE

Door County, WI

Door 2 Door provides a shared ride taxi service to residents in Door County, WI. The County is split into multiple service zones. Costs and reservation times depend upon the service zone of a ride, with just a 40-minute advance notice for riders within the orange core and green zone which includes the towns of Sturgeon Bay, Gardner, Nasewaupsee, and Sevastopol. All other services zones require a 24-hour advance reservation. Costs range from \$4-\$7 per trip, seniors and students receive a discount. Rides are scheduled via a toll-free phone number.

For more information:

- <https://www.door2doorrides.com/>

GREEN RAITEROS

Huron, CA

Rural Huron, CA was served by a system of raiteros or retired farmworkers who would provide rides to get people to medical centers, court, and other critical appointments – often using their own vehicles and providing rides for gas money or lunch. This service offered rides to nearby Fresno (roughly 50 miles away) and evolved as an alternative to a six hour round trip bus trip. Huron Mayor Ray Leon supported the raitero network through pushing for funding through California's initiatives to reduce greenhouse gas emissions. In 2017, the California Public Utilities Commission provided funding to launch Green Raiteros. This pilot program provided a shared fleet of electric vehicles for drivers and worked to create a central dispatch system to support drivers. The program connects predominantly Latino and agricultural families in central California to nearby Fresno. Riders can book a ride via phone or at the Green Raiteros office. In the future the program plans to expand with more vehicles and a smartphone application.

For more information:

- <https://learn.sharedusemobilitycenter.org/overview/green-raiteros-volunteer-transportation-organization-established-in-rural-farming-community-huron-ca-2018/>
- <https://www.youtube.com/watch?v=0c6CB5oGmVI>

HOP SKIP DRIVE

Nationwide

HopSkipDrive provides on-demand transportation for students that don't fit on traditional bus routes. Users download the HopSkipDrive platform to be connected to their network of drivers. One time or repeated rides can be scheduled through HopSkipDrive and parents or caregivers receive alerts for each stage of the ride to ensure their child's safety.

For more information:

- <https://www.hopskipdrive.com/>

SAN JUAN REGIONAL MEDICAL CENTER

San Juan County, NM

The San Juan Regional Medical Center operates a Community Van which provides a convenient transportation to medical services within San Juan County. This transportation service is free for users.

For more information:

- <https://www.sanjuanregional.com/ourservices/community-van>



PENNSYLVANIA SENIOR AND PEOPLE WITH A DISABILITY MOBILITY PROGRAMS



Pennsylvania (statewide)

Pennsylvania Department of Transportation offers a number of affordable and accessible transportation options beyond fixed route service for seniors and persons with disabilities. Programs include the Pennsylvania Welfare to Work Program which provides access to jobs and child care often in suburban and rural areas with minimal public transportation options. Pennsylvania Rural Transportation Program which provides reduced rates on shared ride services, curb-to-curb, and advanced transportation services to people with disabilities who live in rural areas. The Senior Share Ride Program offers discounts to seniors using shared-ride programs, seniors pay just 15% of the fare, the remaining cost is paid by the state lottery fund.

For more information:

• <https://www.penndot.gov/TravelInPA/PublicTransitOptions/Pages/Seniors-and-Persons-With-Disabilities.aspx>

SILVER RIDE



San Francisco Bay Area, CA and Kansas City Area, MO

Silver Ride provides a transportation network company (TNC) for seniors in the San Francisco Bay Area and the Kansas City Area. Silver Ride provides door-through-door ride services and drivers are vetted and trained. Silver Ride provides seniors with a reliable and safe transportation option that allows seniors to remain independent. Users must schedule a ride 24 hours in advance through their telephone registration system or online. Cost depends on the location and time of trip.

For more information:

• <https://www.silverride.com/>

TRANSPORTATION DISADVANTAGED LATE SHIFT PROGRAM



Pinellas County, FL

The Pinellas Suncoast Transit Authority (PSTA) provides a Transportation Disadvantaged Late Shift Program which provides access to TNC services to low income workers working shifts between 9 PM and 6 AM after the PSTA's normal fixed-route service stops operating. Program participants must register for the program with PSTA to be eligible. Participants pay \$11 per month for a discounted transit pass (normally \$70 per month) and an additional \$9 per month for up to 25 Uber, United Taxi, or Care Rides per month.

For more information:

• <https://www.psta.net/programs/td-transportation-disadvantaged/>

TENNESSEE VANS PROGRAM



Tennessee (statewide)

The Tennessee Vans program provides assistance to public agencies, private, groups, and non-profit organizations by providing transportation service. Tennessee Vans is operated by the University of Tennessee Center for Transportation Research. The program provides vehicles to the community through its agency purchase program, this program helps qualifying agencies purchase vehicles through an affordable financing program.

For more information:

• <https://tnvans.utk.edu/>



FEONIX MOBILITY RISING

Michigan, South Carolina, Texas, Wisconsin

Feonix Mobility Rising- Freedom Driver Program is a volunteer driver program providing access to healthcare, groceries, and other essential trips. Volunteer drivers can work when they want to and are provided a mileage reimbursement or the opportunity to donate earned mileage to a local non-profit.

For more information:

- <https://feonixmobilityrising.org/home>
- <https://www.youtube.com/watch?v=MbVt7ymRtP0>

HEALTHY BUDDY PROGRAM

Hillsborough County, FL

The Healthy Buddy Program is a volunteer transportation program that matches transportation disadvantaged seniors with college-age student volunteer drivers from the University of South Florida. The goal of the Healthy Buddy Program is to enhance seniors quality of life by improving access to health care facilities and daily activities.

For more information:

- <https://www.hbuddy.org/>

WINNEBAGO CATCH A RIDE

Oshkosh, WI

Winnebago Catch-A-Ride is a workforce development program that works to provide low cost transportation services to individuals who do not qualify or have access to existing transportation programs in Winnebago County. Winnebago Catch-A-Ride provides 24/7, on demand transportation service to employment for workers throughout the greater Oshkosh area. Transportation services are provided by a network of volunteer drivers who receive a mileage reimbursement. This program is not meant to duplicate services, but rather fill in the gaps for existing transportation services throughout Winnebago County. Rides cost \$0.25 per mile.

For more information:

- <https://winnebagocatcharide.com/>

DETCOG VOUCHER PROGRAM

Oshkosh, WI

The Deep East Texas Council of Governments (DETCOG) launched a pilot voucher program in 2018. This pilot program provided transportation vouchers to seniors to access to grocery stores, non-Medicaid appointments, personal care appointments, and other approved trips that contribute to the participants' quality of life. Fifty-one individuals enrolled in the pilot program and 265 trips were made during the nine-month pilot.

For more information:

- https://www.nado.org/wp-content/uploads/2019/03/DETCOG-Trans-Voucher_Final-Report_FINAL_Jan2019_wcover.pdf

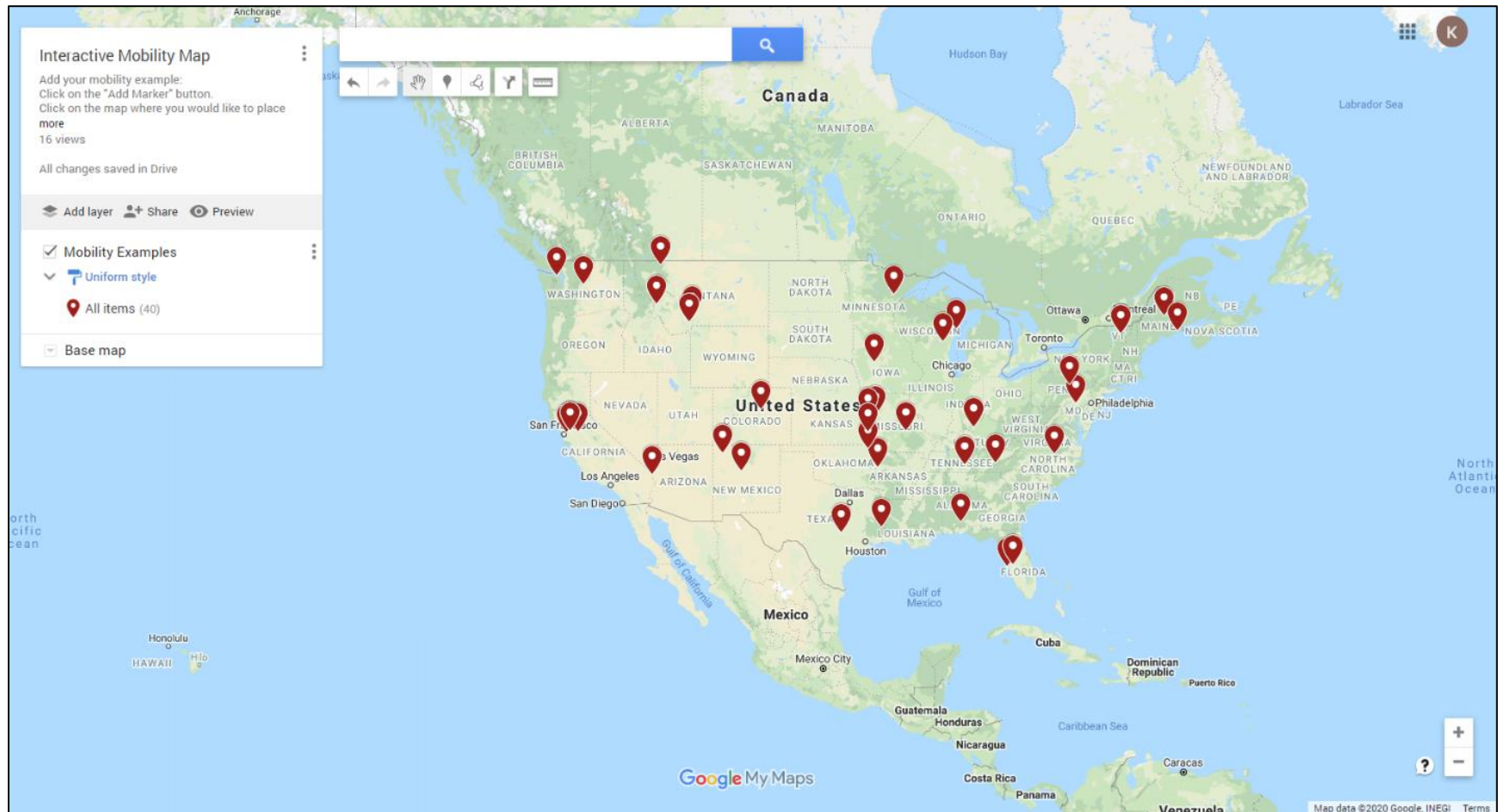
Become a Freedom Driver
idriveforfreedom.org



Interactive Mobility Map

Use this link to access the map:

<https://www.google.com/maps/d/u/1/edit?mid=1INEdAaeOfqSjCGcc-mknP3Xj70kR8bsg&usp=sharing>

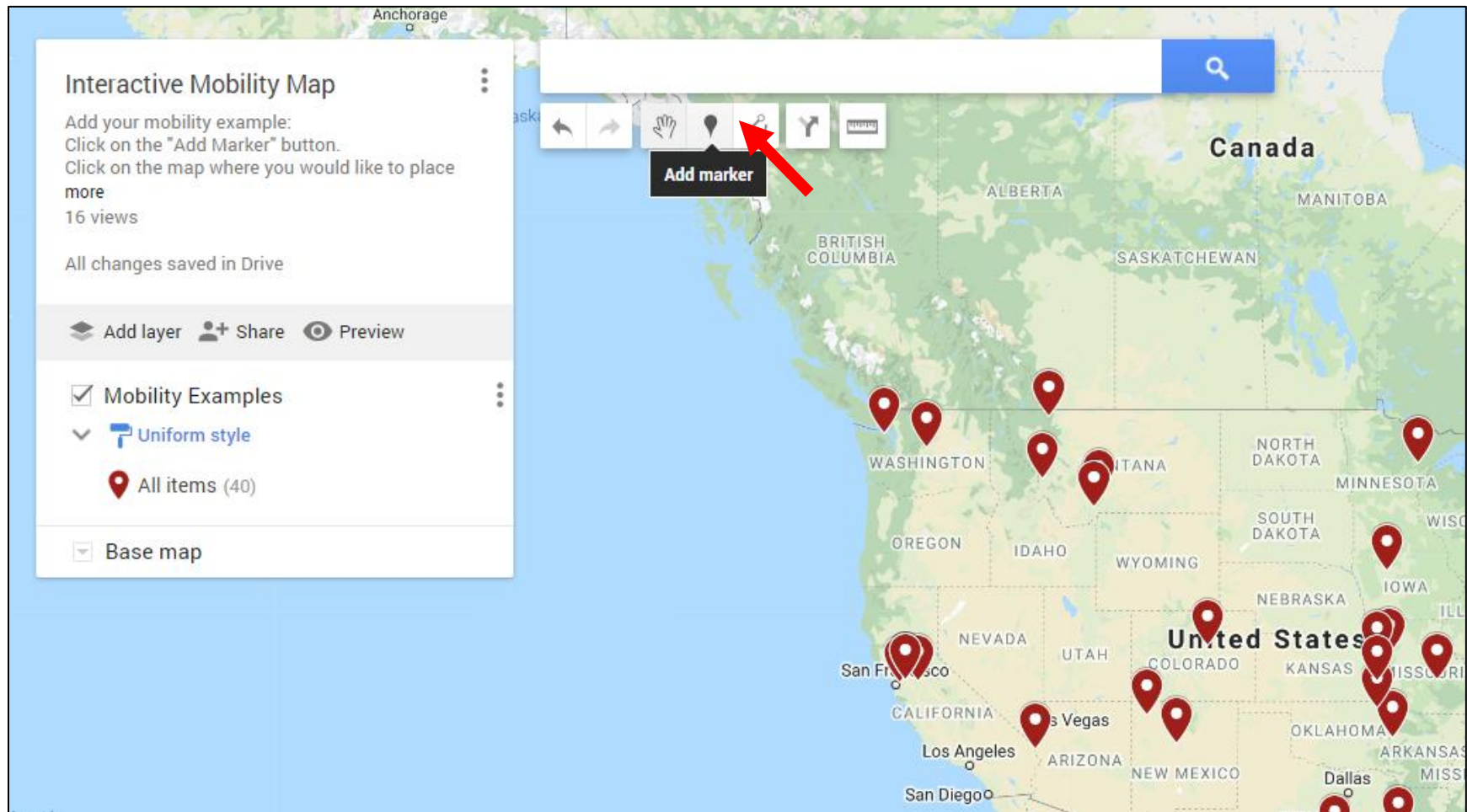


This is what you will see when you open the link.

Directions for Mobility Map

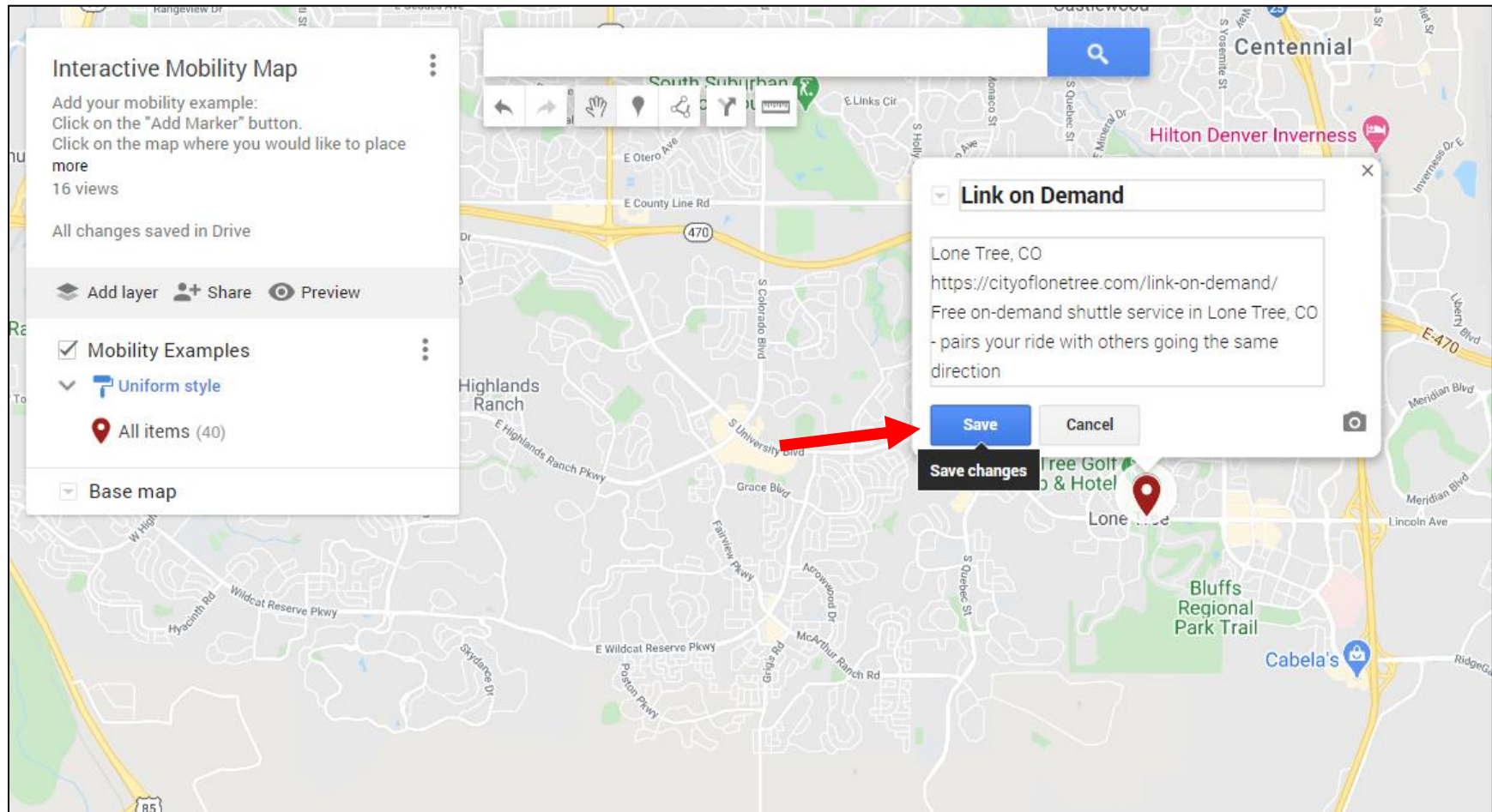
Follow the instructions below to add your example of rural mobility to the map.

1. Click Add Marker .



2. Click on the map where you want to place the marker.

3. A pop-up box will appear, add the name of your mobility example and provide a short description (or provide a link to a description if you have one).



4. Click Save.
5. Repeat the process to add another example, or simply close the website to end the process.

Thank you for your help!